# NASAR SARTECH<sup>TM</sup> II MINIMUM PERSONAL EQUIPMENT LIST

The following equipment is commonly compiled to form what is referred to as a "24-hour ready pack". Such a pack holds those items that will assist the holder in functioning safely, effectively, and efficiently during a SAR incident. Some items may be carried on a belt, in pockets, or strapped to the person. This is the minimum equipment is recommended to be carried on all missions in non-urban or wilderness areas. Your local equipment requirements may vary. Consult a physician for recommendations about analgesics and other drugs that you may carry in the SAR pack.

# EVERY ITEM ON THIS LIST MUST BE PRESENT FOR THE CANDIDATE TO PASS THIS STATION OF THE SARTECH<sup>TM</sup> II SKILLS EXAMINATION. THERE ARE NO EXCEPTIONS.

#### Personal First Aid and Survival Kit

- 1 Plastic bag, zip lock, qt. size, for kit
- 4 Acetaminophen or aspirin tablets
- 4 Antacid tablets
- 2 Antiseptic cleansing pads
- 1 Antiseptic ointment
- 6 Band aids, various sizes
- 1 Candle, long burning
- 2 Cotton swabs, non sterile
- 1 Duct tape, 5-10 ft.
- 1 Leaf bag, large

- 8 Matches in a waterproof container
- 1 Moleskin
- 2 Quarters for phone call
- 1 Razor blade, single edge safety type
- 1 Roller gauze bandage
- 2 Safety pins, large
- 1 Splinter forceps, tweezers
- 1- Space type blanket or space type sleeping bag
- 1- Towelette, clean
- 1- Whistle

### (Non-urban) Personal SAR Equipment

- 1 Pack, 1800 cubic inch (minimum)
- 4 Bags, various sizes, zip locked
- 1 Bandanna, handkerchief
- 1 Cap or other headgear
- 2 Carabiners, locking gate
- 1 Clothes bag, waterproof
- 1 Clothing, adequate for climate
- 1 Clothing, extra set, suitable for climate
- 1 Compass, orienteering
- 1 Flagging tape, roll
- 1 Flashlight or lantern
- 1 Flashlight extra, extra batteries and bulb
- 1 Footwear, sturdy, adequate for climate
- 1 Gloves, durable, even in summer
- 1 Goggles, or eye protection, clear
- 1 Insect repellent
- 1 Knife, multi-purpose
- 1 Lip balm, with sunscreen

- 1 Measuring device, 18 in. minimum
- 1 Metal cup or pot
- 1 Mirror, small
- 1 Nylon twine or small rope, 50 feet
- 1 Pad and pencil
- 2 Prusik cords (6mm 8mm; 6 ft. length)
- 1 Rainwear, durable
- 1 SAR personal identification
- 1 Shelter Material, 8x10 plastic or coated nylon
- 1 Scissors, multi-purpose
- 1 Socks, extra pair
- 1 Sunscreen lotion
- 1 Tissue paper or baby wipes (recommended)
- 1 Tracking stick, 42" long
- 1 Watch
- 2 Water containers, at least liter size
- 1 Webbing, 1" tubular length suitable for harness
- 1 Wire, 5-10 ft., woven steel
- 8 Wire ties, plastic, self locking

#### Optional Personal Support Equipment Recommended by Not Required

- 2 Antihistamine, 25mg Benadryl
- 2 Extra leaf bags
- 1 Extra water container
- 1 Foam pad
- 2 Food, nonperishable
- 1 Gaiters

- 1 Rain cover, pack
- 1 Sterno or stove
- 1 Sun glasses, 97% UV protection
- 1 Trail snacks
- 1 Water purification tabs

# NASAR SARTECH $^{TM}$ II MINIMUM PERSONAL EQUIPMENT LIST

The following requirements are for an **urban SAR pack**. This should only be carried when the Incident Commander approves its use.

# **Personal First Aid and Survival Kit** (Same as in the 24-hour pack.)

## (Urban) Personal SAR Equipment

1 -	Fanny	pack,	600-1	<b>200</b>	cubic inch	
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4 - Bags, various sizes, zip locked1 - Bandanna, handkerchief

1 - Cap or other headwear

1 - Clothing, adequate for climate

1 - Compass, orienteering

1 - Flagging tape, roll

1 - Flashlight or lantern

1 - Footwear, sturdy, adequate for climate

1 - Knife, multi-purpose

1 - Map

1 - Mirror, small

1 - Raincoat & pants durable

1 - SAR personal identification

1 - Small pad and pencil

1 - Sunglasses, 97% UV protection

1 - Sunscreen lotion

1 - Tissue paper or baby wipes

1 - Tracking stick, 42" long

1 - Watch

1 - Water container, at least liter size

(Items bolded above are variances from the non-urban pack list)